

# KM Sprintstafett 2013

02.02.2013

## Resultatliste

Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>Gutar 11 - 12 år</b>							
<b>1</b>	<b>Molde og Omegn il lag 1</b>			<b>16:49</b>			
	1 Mikkel Gautvik	02:41 1	00:00	02:41 1	00:00		
	2 Karsten Vestad	02:38 1	00:00	05:19 1	00:00	0	
	3 Mikkel Gautvik	03:00 3	00:07	08:19 1	00:00	0	
	4 Karsten Vestad	02:40 1	00:00	10:59 1	00:00	0	
	5 Mikkel Gautvik	03:02 1	00:00	14:01 1	00:00	0	
	6 Karsten Vestad	02:48 1	00:00	16:49 1	00:00	0	
<b>2</b>	<b>Aure il lag 2</b>			<b>17:12</b>	<b>00:23</b>		
	1 Mathias Lillehagen	02:46 3	00:05	02:46 3	00:05		
	2 Kristoffer Sagli	02:41 2	00:03	05:27 2	00:08	1	
	3 Mathias Lillehagen	02:53 1	00:00	08:20 2	00:01	0	
	4 Kristoffer Sagli	02:48 2	00:08	11:08 2	00:09	0	
	5 Mathias Lillehagen	03:06 3	00:04	14:14 2	00:13	0	
	6 Kristoffer Sagli	02:58 2	00:10	17:12 2	00:23	0	
<b>3</b>	<b>Molde og Omegn il lag 2</b>			<b>18:17</b>	<b>01:28</b>		
	1 Viktor Fiske Gundersen	02:42 2	00:01	02:42 2	00:01		
	2 Sigve Ulleland	02:59 4	00:21	05:41 3	00:22	-1	
	3 Viktor Fiske Gundersen	02:58 2	00:05	08:39 3	00:20	0	
	4 Sigve Ulleland	03:13 3	00:33	11:52 3	00:53	0	
	5 Viktor Fiske Gundersen	03:02 1	00:00	14:54 3	00:53	0	
	6 Sigve Ulleland	03:23 4	00:35	18:17 3	01:28	0	
<b>4</b>	<b>Emblem il lag 1</b>			<b>19:26</b>	<b>02:37</b>		
	1 Håkon Bakke Kjerstad	03:04 4	00:23	03:04 4	00:23		
	2 Erik Strømshoved	02:57 3	00:19	06:01 4	00:42	0	
	3 Håkon Bakke Kjerstad	03:20 4	00:27	09:21 4	01:02	0	
	4 Erik Strømshoved	03:18 4	00:38	12:39 4	01:40	0	
	5 Håkon Bakke Kjerstad	03:30 4	00:28	16:09 4	02:08	0	
	6 Erik Strømshoved	03:17 3	00:29	19:26 4	02:37	0	
<b>5</b>	<b>Aure il lag 1</b>			<b>21:03</b>	<b>04:14</b>		
	1 Odin Fladseth	03:05 5	00:24	03:05 5	00:24		
	2 Håvard Vean	03:25 5	00:47	06:30 5	01:11	0	
	3 Odin Fladseth	03:45 5	00:52	10:15 5	01:56	0	
	4 Håvard Vean	03:31 5	00:51	13:46 5	02:47	0	
	5 Odin Fladseth	03:39 5	00:37	17:25 5	03:24	0	
	6 Håvard Vean	03:38 5	00:50	21:03 5	04:14	0	
<b>6</b>	<b>Grøa il lag 1</b>			<b>24:38</b>	<b>07:49</b>		
	1 Truls Tafjord	03:26 6	00:45	03:26 6	00:45		
	2 Vegard Meek	04:04 6	01:26	07:30 6	02:11	0	
	3 Truls Tafjord	03:50 6	00:57	11:20 6	03:01	0	
	4 Vegard Meek	04:22 6	01:42	15:42 6	04:43	0	
	5 Truls Tafjord	03:57 6	00:55	19:39 6	05:38	0	
	6 Vegard Meek	04:59 6	02:11	24:38 6	07:49	0	

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## Resultatliste

Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
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### Menn senior

<b>1</b>	<b>Eidsvåg il lag 1</b>			<b>25:27</b>			
	1 Johan Bugge	03:10 1	00:00	03:10 1	00:00		
	2 Anders Bugge	03:08 1	00:00	06:18 1	00:00	0	
	3 Johan Bugge	03:15 1	00:00	09:33 1	00:00	0	
	4 Anders Bugge	03:12 1	00:00	12:45 1	00:00	0	
	5 Johan Bugge	03:05 1	00:00	15:50 1	00:00	0	
	6 Anders Bugge	03:11 1	00:00	19:01 1	00:00	0	
	7 Johan Bugge	03:12 1	00:00	22:13 1	00:00	0	
	8 Anders Bugge	03:14 1	00:00	25:27 1	00:00	0	
<b>2</b>	<b>Krokstadøra il lag 1</b>			<b>28:20</b>	<b>02:53</b>		
	1 Even Krokstad	03:12 2	00:02	03:12 2	00:02		
	2 Joar André Berg Wuttudal	03:18 2	00:10	06:30 2	00:12	0	
	3 Even Krokstad	03:30 2	00:15	10:00 2	00:27	0	
	4 Joar André Berg Wuttudal	03:40 2	00:28	13:40 2	00:55	0	
	5 Even Krokstad	03:41 2	00:36	17:21 2	01:31	0	
	6 Joar André Berg Wuttudal	03:43 2	00:32	21:04 2	02:03	0	
	7 Even Krokstad	03:33 2	00:21	24:37 2	02:24	0	
	8 Joar André Berg Wuttudal	03:43 2	00:29	28:20 2	02:53	0	

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## Resultatliste

Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>Jenter 11 - 12 år</b>							
<b>1</b>	<b>Molde og Omegn il lag 1</b>			<b>17:44</b>			
	1 Heidi Indergård	02:39 1	00:00	02:39 1	00:00		
	2 Ane Hagset Stavensli	02:57 1	00:00	05:36 1	00:00	0	
	3 Heidi Indergård	02:57 1	00:00	08:33 1	00:00	0	
	4 Ane Hagset Stavensli	03:12 2	00:01	11:45 1	00:00	0	
	5 Heidi Indergård	03:02 1	00:00	14:47 1	00:00	0	
	6 Ane Hagset Stavensli	02:57 1	00:00	17:44 1	00:00	0	
<b>2</b>	<b>Stordal il lag 1</b>			<b>18:27</b>	<b>00:43</b>		
	1 Ulrikke Røsvik Amdam	02:49 2	00:10	02:49 2	00:10		
	2 Live Johanne Vestre Røkke	02:58 2	00:01	05:47 2	00:11	0	
	3 Ulrikke Røsvik Amdam	03:00 2	00:03	08:47 2	00:14	0	
	4 Live Johanne Vestre Røkke	03:13 3	00:02	12:00 2	00:15	0	
	5 Ulrikke Røsvik Amdam	03:12 3	00:10	15:12 2	00:25	0	
	6 Live Johanne Vestre Røkke	03:15 3	00:18	18:27 2	00:43	0	
<b>3</b>	<b>Mix Frode il/Lyngstad il lag 1</b>			<b>18:55</b>	<b>01:11</b>		
	1 Aud Øyen Halås	03:10 5	00:31	03:10 5	00:31		
	2 Julie Matisen	03:02 3	00:05	06:12 4	00:36	1	
	3 Aud Øyen Halås	03:05 4	00:08	09:17 4	00:44	0	
	4 Julie Matisen	03:11 1	00:00	12:28 3	00:43	1	
	5 Aud Øyen Halås	03:13 4	00:11	15:41 4	00:54	-1	
	6 Julie Matisen	03:14 2	00:17	18:55 3	01:11	1	
<b>4</b>	<b>Surnadal il lag 1</b>			<b>19:02</b>	<b>01:18</b>		
	1 Stine Fiske	02:57 4	00:18	02:57 4	00:18		
	2 Jøri Aarset Vatten	03:08 4	00:11	06:05 3	00:29	1	
	3 Stine Fiske	03:00 2	00:03	09:05 3	00:32	0	
	4 Jøri Aarset Vatten	03:23 4	00:12	12:28 3	00:43	0	
	5 Stine Fiske	03:08 2	00:06	15:36 3	00:49	0	
	6 Jøri Aarset Vatten	03:26 5	00:29	19:02 4	01:18	-1	
<b>5</b>	<b>Molde og Omegn il lag 2</b>			<b>21:35</b>	<b>03:51</b>		
	1 Tuva Dørum	02:56 3	00:17	02:56 3	00:17		
	2 Olea Gjeldvik	03:36 7	00:39	06:32 5	00:56	-2	
	3 Tuva Dørum	03:31 5	00:34	10:03 5	01:30	0	
	4 Olea Gjeldvik	04:05 7	00:54	14:08 5	02:23	0	
	5 Tuva Dørum	03:14 5	00:12	17:22 5	02:35	0	
	6 Olea Gjeldvik	04:13 8	01:16	21:35 5	03:51	0	
<b>6</b>	<b>Mix Tomrefjord / Surnadal lag 1</b>			<b>22:12</b>	<b>04:28</b>		
	1 Synne Klokset	03:34 6	00:55	03:34 6	00:55		
	2 Hedda Åsbø	03:30 6	00:33	07:04 6	01:28	0	
	3 Synne Klokset	03:55 6	00:58	10:59 6	02:26	0	
	4 Hedda Åsbø	03:44 6	00:33	14:43 6	02:58	0	
	5 Synne Klokset	03:53 7	00:51	18:36 6	03:49	0	
	6 Hedda Åsbø	03:36 6	00:39	22:12 6	04:28	0	
<b>7</b>	<b>Grøa il lag 1</b>			<b>23:03</b>	<b>05:19</b>		
	1 Tiril Julbøe	03:54 8	01:15	03:54 8	01:15		
	2 Synne Solli Sæther	03:18 5	00:21	07:12 7	01:36	1	
	3 Tiril Julbøe	04:18 8	01:21	11:30 8	02:57	-1	
	4 Synne Solli Sæther	03:34 5	00:23	15:04 7	03:19	1	
	5 Tiril Julbøe	04:36 8	01:34	19:40 8	04:53	-1	
	6 Synne Solli Sæther	03:23 4	00:26	23:03 7	05:19	1	

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## Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
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### Jenter 11 - 12 år

<b>8</b>	<b>Tomrefjord il lag 2</b>			<b>23:18</b>		<b>05:34</b>	
1	Maria Vestre	03:34 6	00:55	03:34 6	00:55		
2	Ingrid Bårdsnes	03:52 8	00:55	07:26 8	01:50	-2	
3	Maria Vestre	03:55 6	00:58	11:21 7	02:48	1	
4	Ingrid Bårdsnes	04:05 7	00:54	15:26 8	03:41	-1	
5	Maria Vestre	03:51 6	00:49	19:17 7	04:30	1	
6	Ingrid Bårdsnes	04:01 7	01:04	23:18 8	05:34	-1	

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## Resultatliste

Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>Gutar 13 - 14 år</b>							
<b>1</b>	<b>Stordal il lag 1</b>			<b>19:27</b>			
	1 Sondre Overvoll Hole	03:10 1	00:00	03:10 1	00:00		
	2 Petter Elias Vestre Røkke	03:10 2	00:08	06:20 1	00:00	0	
	3 Sondre Overvoll Hole	03:17 1	00:00	09:37 1	00:00	0	
	4 Petter Elias Vestre Røkke	03:14 1	00:00	12:51 1	00:00	0	
	5 Sondre Overvoll Hole	03:21 1	00:00	16:12 1	00:00	0	
	6 Petter Elias Vestre Røkke	03:15 1	00:00	19:27 1	00:00	0	
<b>2</b>	<b>Surnadal il lag 1</b>			<b>20:07</b>	<b>00:40</b>		
	1 Martin Lundemo Aakvik	03:19 3	00:09	03:19 3	00:09		
	2 Kristoffer Berset	03:02 1	00:00	06:21 2	00:01	1	
	3 Martin Lundemo Aakvik	03:22 2	00:05	09:43 2	00:06	0	
	4 Kristoffer Berset	03:14 1	00:00	12:57 2	00:06	0	
	5 Martin Lundemo Aakvik	03:38 3	00:17	16:35 2	00:23	0	
	6 Kristoffer Berset	03:32 3	00:17	20:07 2	00:40	0	
<b>3</b>	<b>Mix Stordal il/Liabygda il lag 1</b>			<b>21:04</b>	<b>01:37</b>		
	1 Petter Løseth Skodjereite	03:26 5	00:16	03:26 5	00:16		
	2 Matias Lid	03:21 3	00:19	06:47 4	00:27	1	
	3 Petter Løseth Skodjereite	03:40 5	00:23	10:27 4	00:50	0	
	4 Matias Lid	03:29 3	00:15	13:56 4	01:05	0	
	5 Petter Løseth Skodjereite	03:44 5	00:23	17:40 4	01:28	0	
	6 Matias Lid	03:24 2	00:09	21:04 3	01:37	1	
<b>4</b>	<b>Molde og Omegn il lag 1</b>			<b>21:05</b>	<b>01:38</b>		
	1 Ole Bjørn Smisethjell	03:11 2	00:01	03:11 2	00:01		
	2 Jon Magnus Nygård	03:30 4	00:28	06:41 3	00:21	-1	
	3 Ole Bjørn Smisethjell	03:28 3	00:11	10:09 3	00:32	0	
	4 Jon Magnus Nygård	03:46 4	00:32	13:55 3	01:04	0	
	5 Ole Bjørn Smisethjell	03:26 2	00:05	17:21 3	01:09	0	
	6 Jon Magnus Nygård	03:44 4	00:29	21:05 4	01:38	-1	
<b>5</b>	<b>Aure il lag 1</b>			<b>22:40</b>	<b>03:13</b>		
	1 Johan Neraas	03:21 4	00:11	03:21 4	00:11		
	2 Snorre Fævelen	03:50 5	00:48	07:11 5	00:51	-1	
	3 Johan Neraas	03:37 4	00:20	10:48 5	01:11	0	
	4 Snorre Fævelen	04:09 8	00:55	14:57 5	02:06	0	
	5 Johan Neraas	03:40 4	00:19	18:37 5	02:25	0	
	6 Snorre Fævelen	04:03 7	00:48	22:40 5	03:13	0	
<b>6</b>	<b>Surnadal il lag 1</b>			<b>22:54</b>	<b>03:27</b>		
	1 Njål Lundemo Aakvik	03:27 6	00:17	03:27 6	00:17		
	2 Sindre Fiske	03:52 6	00:50	07:19 6	00:59	0	
	3 Njål Lundemo Aakvik	03:47 6	00:30	11:06 6	01:29	0	
	4 Sindre Fiske	04:04 7	00:50	15:10 6	02:19	0	
	5 Njål Lundemo Aakvik	03:47 6	00:26	18:57 6	02:45	0	
	6 Sindre Fiske	03:57 5	00:42	22:54 6	03:27	0	
<b>7</b>	<b>Mix MOI / Lyngstad il lag 1</b>			<b>23:24</b>	<b>03:57</b>		
	1 Kevin B. Krohn	03:41 8	00:31	03:41 8	00:31		
	2 Jørgen Lyngstad	04:01 8	00:59	07:42 8	01:22	0	
	3 Kevin B. Krohn	03:51 7	00:34	11:33 7	01:56	1	
	4 Jørgen Lyngstad	03:58 5	00:44	15:31 7	02:40	0	
	5 Kevin B. Krohn	03:51 7	00:30	19:22 7	03:10	0	
	6 Jørgen Lyngstad	04:02 6	00:47	23:24 7	03:57	0	

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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>Gutar 13 - 14 år</b>							
<b>8</b>	<b>Molde og Omegn il lag 2</b>			<b>23:51</b>	<b>04:24</b>		
	1 Morten T. Strøm	03:37 7	00:27	03:37 7	00:27		
	2 Olav Spilling	04:01 8	00:59	07:38 7	01:18 0		
	3 Morten T. Strøm	03:55 8	00:38	11:33 7	01:56 0		
	4 Olav Spilling	03:59 6	00:45	15:32 8	02:41 -1		
	5 Morten T. Strøm	04:01 8	00:40	19:33 8	03:21 0		
	6 Olav Spilling	04:18 9	01:03	23:51 8	04:24 0		
<b>9</b>	<b>Grøa il lag 2</b>			<b>24:38</b>	<b>05:11</b>		
	1 Halvor Tøfte Johnsen	03:51 10	00:41	03:51 10	00:41		
	2 Sander Solli Sæther	03:55 7	00:53	07:46 9	01:26 1		
	3 Halvor Tøfte Johnsen	04:16 10	00:59	12:02 9	02:25 0		
	4 Sander Solli Sæther	04:10 9	00:56	16:12 9	03:21 0		
	5 Halvor Tøfte Johnsen	04:23 11	01:02	20:35 9	04:23 0		
	6 Sander Solli Sæther	04:03 7	00:48	24:38 9	05:11 0		
<b>10</b>	<b>Surnadal il lag 3</b>			<b>26:02</b>	<b>06:35</b>		
	1 Ole Snekvik	03:48 9	00:38	03:48 9	00:38		
	2 Arve Vold Gjeldnes	04:24 11	01:22	08:12 10	01:52 -1		
	3 Ole Snekvik	04:08 9	00:51	12:20 10	02:43 0		
	4 Arve Vold Gjeldnes	04:33 11	01:19	16:53 10	04:02 0		
	5 Ole Snekvik	04:13 9	00:52	21:06 10	04:54 0		
	6 Arve Vold Gjeldnes	04:56 12	01:41	26:02 10	06:35 0		
<b>11</b>	<b>Grøa il lag 3</b>			<b>26:14</b>	<b>06:47</b>		
	1 Vilde Hoås Gannestad	04:21 13	01:11	04:21 13	01:11		
	2 Christian Bruaset Brein	04:06 10	01:04	08:27 11	02:07 2		
	3 Vilde Hoås Gannestad	04:32 12	01:15	12:59 12	03:22 -1		
	4 Christian Bruaset Brein	04:16 10	01:02	17:15 11	04:24 1		
	5 Vilde Hoås Gannestad	04:40 13	01:19	21:55 11	05:43 0		
	6 Christian Bruaset Brein	04:19 10	01:04	26:14 11	06:47 0		
<b>12</b>	<b>Tomrefjord il lag 1</b>			<b>26:29</b>	<b>07:02</b>		
	1 Tor Erik Ellinsen	04:06 11	00:56	04:06 11	00:56		
	2 Daniel Eik Djupvik	04:29 12	01:27	08:35 12	02:15 -1		
	3 Tor Erik Ellinsen	04:17 11	01:00	12:52 11	03:15 1		
	4 Daniel Eik Djupvik	04:44 12	01:30	17:36 12	04:45 -1		
	5 Tor Erik Ellinsen	04:21 10	01:00	21:57 12	05:45 0		
	6 Daniel Eik Djupvik	04:32 11	01:17	26:29 12	07:02 0		
<b>13</b>	<b>Grøa il lag 1</b>			<b>27:55</b>	<b>08:28</b>		
	1 Eirik Pape Bjørset	04:12 12	01:02	04:12 12	01:02		
	2 Tor Erik Meek	04:45 13	01:43	08:57 13	02:37 -1		
	3 Eirik Pape Bjørset	04:34 13	01:17	13:31 13	03:54 0		
	4 Tor Erik Meek	04:51 13	01:37	18:22 13	05:31 0		
	5 Eirik Pape Bjørset	04:33 12	01:12	22:55 13	06:43 0		
	6 Tor Erik Meek	05:00 13	01:45	27:55 13	08:28 0		

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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>Jenter 13 - 14 år</b>							
<b>1</b>	<b>Molde og Omegn il lag 1</b>			<b>20:18</b>			
	1 Guro Myrset	03:07 1	00:00	03:07 1	00:00		
	2 Rikke Gjeitnes Dahle	03:15 1	00:00	06:22 1	00:00	0	
	3 Guro Myrset	03:32 1	00:00	09:54 1	00:00	0	
	4 Rikke Gjeitnes Dahle	03:24 1	00:00	13:18 1	00:00	0	
	5 Guro Myrset	03:32 1	00:00	16:50 1	00:00	0	
	6 Rikke Gjeitnes Dahle	03:28 1	00:00	20:18 1	00:00	0	
<b>2</b>	<b>Emblem il lag 1</b>			<b>21:18</b>	<b>01:00</b>		
	1 Marta Skoteng Reiten	03:25 2	00:18	03:25 2	00:18		
	2 Vilde Årøen Lykke	03:17 2	00:02	06:42 2	00:20	0	
	3 Marta Skoteng Reiten	03:48 2	00:16	10:30 2	00:36	0	
	4 Vilde Årøen Lykke	03:26 2	00:02	13:56 2	00:38	0	
	5 Marta Skoteng Reiten	03:50 2	00:18	17:46 2	00:56	0	
	6 Vilde Årøen Lykke	03:32 2	00:04	21:18 2	01:00	0	
<b>3</b>	<b>Surnadal il lag 1</b>			<b>22:41</b>	<b>02:23</b>		
	1 Malin Einmo	03:33 4	00:26	03:33 4	00:26		
	2 Ragnhild Mogstad	03:27 3	00:12	07:00 3	00:38	1	
	3 Malin Einmo	04:06 4	00:34	11:06 3	01:12	0	
	4 Ragnhild Mogstad	03:33 3	00:09	14:39 3	01:21	0	
	5 Malin Einmo	04:18 4	00:46	18:57 3	02:07	0	
	6 Ragnhild Mogstad	03:44 3	00:16	22:41 3	02:23	0	
<b>4</b>	<b>Surnadal il lag 2</b>			<b>23:22</b>	<b>03:04</b>		
	1 Ane Mogstad	03:29 3	00:22	03:29 3	00:22		
	2 Signe Larsen	03:49 4	00:34	07:18 4	00:56	-1	
	3 Ane Mogstad	04:01 3	00:29	11:19 4	01:25	0	
	4 Signe Larsen	03:53 4	00:29	15:12 4	01:54	0	
	5 Ane Mogstad	04:11 3	00:39	19:23 4	02:33	0	
	6 Signe Larsen	03:59 4	00:31	23:22 4	03:04	0	
<b>5</b>	<b>Tomrefjord il lag 1</b>			<b>25:11</b>	<b>04:53</b>		
	1 Hanna Vestre	03:48 6	00:41	03:48 6	00:41		
	2 Marta Eik	04:14 5	00:59	08:02 5	01:40	1	
	3 Hanna Vestre	04:09 5	00:37	12:11 5	02:17	0	
	4 Marta Eik	04:16 5	00:52	16:27 5	03:09	0	
	5 Hanna Vestre	04:25 6	00:53	20:52 5	04:02	0	
	6 Marta Eik	04:19 5	00:51	25:11 5	04:53	0	
<b>6</b>	<b>Tingvoll il lag 1</b>			<b>25:29</b>	<b>05:11</b>		
	1 Hilde Vågen Roaldset	03:47 5	00:40	03:47 5	00:40		
	2 Malin Bang Gjøl	04:20 6	01:05	08:07 6	01:45	-1	
	3 Hilde Vågen Roaldset	04:13 6	00:41	12:20 6	02:26	0	
	4 Malin Bang Gjøl	04:17 6	00:53	16:37 6	03:19	0	
	5 Hilde Vågen Roaldset	04:18 4	00:46	20:55 6	04:05	0	
	6 Malin Bang Gjøl	04:34 6	01:06	25:29 6	05:11	0	

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## Resultatliste

Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>Gutar 15 - 16 år</b>							
<b>1</b>	<b>Liabygda il lag 1</b>			<b>23:12</b>			
	1	Ådne Eide Stavseng	03:35 2	00:03	03:35 2	00:03	
	2	Hallvard Lied	03:54 3	00:10	07:29 2	00:13	0
	3	Ådne Eide Stavseng	03:56 1	00:00	11:25 1	00:00	1
	4	Hallvard Lied	03:55 2	00:04	15:20 1	00:00	0
	5	Ådne Eide Stavseng	03:57 1	00:00	19:17 1	00:00	0
	6	Hallvard Lied	03:55 2	00:08	23:12 1	00:00	0
<b>2</b>	<b>Eidsvåg il lag 1</b>			<b>24:03</b>	<b>00:51</b>		
	1	Torkild Øyen	03:32 1	00:00	03:32 1	00:00	
	2	Øyvind Øverås	03:44 1	00:00	07:16 1	00:00	0
	3	Torkild Øyen	04:10 2	00:14	11:26 2	00:01	-1
	4	Øyvind Øverås	03:58 3	00:07	15:24 2	00:04	0
	5	Torkild Øyen	04:20 3	00:23	19:44 2	00:27	0
	6	Øyvind Øverås	04:19 4	00:32	24:03 2	00:51	0
<b>3</b>	<b>Molde og Omegn il lag 1</b>			<b>24:23</b>	<b>01:11</b>		
	1	Even A. Romuld Gikling	03:58 3	00:26	03:58 3	00:26	
	2	Ole Henrik Lervik	03:46 2	00:02	07:44 3	00:28	0
	3	Even A. Romuld Gikling	04:30 5	00:34	12:14 3	00:49	0
	4	Ole Henrik Lervik	03:51 1	00:00	16:05 3	00:45	0
	5	Even A. Romuld Gikling	04:31 5	00:34	20:36 3	01:19	0
	6	Ole Henrik Lervik	03:47 1	00:00	24:23 3	01:11	0
<b>4</b>	<b>Mix Stordal il/Liabygda il lag 1</b>			<b>25:04</b>	<b>01:52</b>		
	1	Martin L. Aarnes	04:00 5	00:28	04:00 5	00:28	
	2	Petter Løset Skodjereite	04:08 4	00:24	08:08 4	00:52	1
	3	Martin L. Aarnes	04:24 4	00:28	12:32 4	01:07	0
	4	Petter Løset Skodjereite	04:09 4	00:18	16:41 4	01:21	0
	5	Martin L. Aarnes	04:18 2	00:21	20:59 4	01:42	0
	6	Petter Løset Skodjereite	04:05 3	00:18	25:04 4	01:52	0
<b>5</b>	<b>Emblem il lag 1</b>			<b>26:09</b>	<b>02:57</b>		
	1	Åsmund Ertresvåg Jakobsen	03:58 3	00:26	03:58 3	00:26	
	2	Runar Strømshoved	04:22 5	00:38	08:20 5	01:04	-2
	3	Åsmund Ertresvåg Jakobsen	04:23 3	00:27	12:43 5	01:18	0
	4	Runar Strømshoved	04:33 5	00:42	17:16 5	01:56	0
	5	Åsmund Ertresvåg Jakobsen	04:20 3	00:23	21:36 5	02:19	0
	6	Runar Strømshoved	04:33 5	00:46	26:09 5	02:57	0
<b>DNF</b>	<b>Grøa il lag 1</b>						
	1	Ola Mikkelsen	04:44	01:12	04:44	01:12	
	2	Andreas Holte Leangen	04:55	01:11	09:39	02:23	0
	3	Ola Mikkelsen	05:20	01:24	14:59	03:34	0
	4	Andreas Holte Leangen	05:25	01:34	20:24	05:04	0
	5	Ola Mikkelsen	05:01	01:04	25:25	06:08	0
	6						



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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>Jenter 15 - 16 år</b>							
<b>1</b>	<b>Emblem il lag 1</b>			<b>24:39</b>			
	1 Ingrid Lundanes	04:03 2	00:01	04:03 2	00:01		
	2 Sigrid Ertresvåg Jakobsen	04:03 2	00:01	08:06 1	00:00	1	
	3 Ingrid Lundanes	04:13 2	00:01	12:19 1	00:00	0	
	4 Sigrid Ertresvåg Jakobsen	04:05 1	00:00	16:24 1	00:00	0	
	5 Ingrid Lundanes	04:15 2	00:05	20:39 1	00:00	0	
	6 Sigrid Ertresvåg Jakobsen	04:00 1	00:00	24:39 1	00:00	0	
<b>2</b>	<b>Vistdal il lag 1</b>			<b>24:52</b>	<b>00:13</b>		
	1 Julie Malene Lange	04:02 1	00:00	04:02 1	00:00		
	2 Vilde Roysdatter Lange	04:09 3	00:07	08:11 3	00:05	-2	
	3 Julie Malene Lange	04:12 1	00:00	12:23 2	00:04	1	
	4 Vilde Roysdatter Lange	04:09 3	00:04	16:32 2	00:08	0	
	5 Julie Malene Lange	04:10 1	00:00	20:42 2	00:03	0	
	6 Vilde Roysdatter Lange	04:10 3	00:10	24:52 2	00:13	0	
<b>3</b>	<b>Mix Surnadal il/ØSIL lag 1</b>			<b>25:20</b>	<b>00:41</b>		
	1 Alise Einmo	04:08 3	00:06	04:08 3	00:06		
	2 Sigrid Moen Bævre	04:02 1	00:00	08:10 2	00:04	1	
	3 Alise Einmo	04:27 3	00:15	12:37 3	00:18	-1	
	4 Sigrid Moen Bævre	04:07 2	00:02	16:44 3	00:20	0	
	5 Alise Einmo	04:28 4	00:18	21:12 3	00:33	0	
	6 Sigrid Moen Bævre	04:08 2	00:08	25:20 3	00:41	0	
<b>4</b>	<b>Tomrefjord il lag 2</b>			<b>26:33</b>	<b>01:54</b>		
	1 Synnøve Eik	04:21 5	00:19	04:21 5	00:19		
	2 Hanne Marte Eik Ellingsen	04:15 4	00:13	08:36 4	00:30	1	
	3 Synnøve Eik	04:40 5	00:28	13:16 5	00:57	-1	
	4 Hanne Marte Eik Ellingsen	04:23 4	00:18	17:39 4	01:15	1	
	5 Synnøve Eik	04:30 5	00:20	22:09 5	01:30	-1	
	6 Hanne Marte Eik Ellingsen	04:24 4	00:24	26:33 4	01:54	1	
<b>5</b>	<b>Molde og Omegn il lag 1</b>			<b>26:40</b>	<b>02:01</b>		
	1 Vilde B. Bjerkeset	04:10 4	00:08	04:10 4	00:08		
	2 Pernille Gjeldvik	04:31 5	00:29	08:41 5	00:35	-1	
	3 Vilde B. Bjerkeset	04:28 4	00:16	13:09 4	00:50	1	
	4 Pernille Gjeldvik	04:32 5	00:27	17:41 5	01:17	-1	
	5 Vilde B. Bjerkeset	04:25 3	00:15	22:06 4	01:27	1	
	6 Pernille Gjeldvik	04:34 5	00:34	26:40 5	02:01	-1	
<b>6</b>	<b>Tomrefjord il lag 1</b>			<b>30:57</b>	<b>06:18</b>		
	1 Sofie Klokset	04:49 6	00:47	04:49 6	00:47		
	2 Marit Nerhus	05:21 6	01:19	10:10 6	02:04	0	
	3 Sofie Klokset	05:10 6	00:58	15:20 6	03:01	0	
	4 Marit Nerhus	05:18 6	01:13	20:38 6	04:14	0	
	5 Sofie Klokset	05:00 6	00:50	25:38 6	04:59	0	
	6 Marit Nerhus	05:19 6	01:19	30:57 6	06:18	0	

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## Resultatliste

Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>Kvinner junior</b>							
<b>1</b>	<b>Surnadal il lag 1</b>			<b>22:53</b>			
	1 Ida Mogstad	03:36 1	00:00	03:36 1	00:00		
	2 Berit Mogstad	03:43 1	00:00	07:19 1	00:00	0	
	3 Ida Mogstad	04:05 1	00:00	11:24 1	00:00	0	
	4 Berit Mogstad	03:45 1	00:00	15:09 1	00:00	0	
	5 Ida Mogstad	04:05 1	00:00	19:14 1	00:00	0	
	6 Berit Mogstad	03:39 1	00:00	22:53 1	00:00	0	
<b>2</b>	<b>Mix Stordal il / Stranda il lag 1</b>			<b>24:12</b>	<b>01:19</b>		
	1 Tiril Olin Vestre Røkke	03:50 2	00:14	03:50 2	00:14		
	2 Elisabeth Overvoll Hole	04:03 2	00:20	07:53 2	00:34	0	
	3 Tiril Olin Vestre Røkke	04:09 2	00:04	12:02 2	00:38	0	
	4 Elisabeth Overvoll Hole	04:01 2	00:16	16:03 2	00:54	0	
	5 Tiril Olin Vestre Røkke	04:09 2	00:04	20:12 2	00:58	0	
	6 Elisabeth Overvoll Hole	04:00 2	00:21	24:12 2	01:19	0	

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## Resultatliste

Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>1</b>	<b>Valldal il lag 1</b>			<b>25:27</b>			
	1 Iver Matias Linge Glomnes	03:10 1	00:00	03:10 1	00:00		
	2 Trond Marius Vad	03:08 1	00:00	06:18 1	00:00	0	
	3 Iver Matias Linge Glomnes	03:16 1	00:00	09:34 1	00:00	0	
	4 Trond Marius Vad	03:12 1	00:00	12:46 1	00:00	0	
	5 Iver Matias Linge Glomnes	03:05 1	00:00	15:51 1	00:00	0	
	6 Trond Marius Vad	03:11 1	00:00	19:02 1	00:00	0	
	7 Iver Matias Linge Glomnes	03:10 1	00:00	22:12 1	00:00	0	
	8 Trond Marius Vad	03:15 1	00:00	25:27 1	00:00	0	
<b>2</b>	<b>Molde og Omegn il lag 1</b>			<b>26:23</b>	<b>00:56</b>		
	1 Ingar Folde	03:11 2	00:01	03:11 2	00:01		
	2 Harald Birkeland	03:14 3	00:06	06:25 2	00:07	0	
	3 Ingar Folde	03:20 2	00:04	09:45 2	00:11	0	
	4 Harald Birkeland	03:17 3	00:05	13:02 2	00:16	0	
	5 Ingar Folde	03:22 3	00:17	16:24 2	00:33	0	
	6 Harald Birkeland	03:19 3	00:08	19:43 2	00:41	0	
	7 Ingar Folde	03:23 2	00:13	23:06 2	00:54	0	
	8 Harald Birkeland	03:17 3	00:02	26:23 2	00:56	0	
<b>3</b>	<b>Tomrefjord il lag 1</b>			<b>26:34</b>	<b>01:07</b>		
	1 Hans Jørgen Vestre	03:16 3	00:06	03:16 3	00:06		
	2 Ole Marti Lid	03:12 2	00:04	06:28 3	00:10	0	
	3 Hans Jørgen Vestre	03:33 3	00:17	10:01 3	00:27	0	
	4 Ole Marti Lid	03:16 2	00:04	13:17 3	00:31	0	
	5 Hans Jørgen Vestre	03:21 2	00:16	16:38 3	00:47	0	
	6 Ole Marti Lid	03:17 2	00:06	19:55 3	00:53	0	
	7 Hans Jørgen Vestre	03:23 2	00:13	23:18 3	01:06	0	
	8 Ole Marti Lid	03:16 2	00:01	26:34 3	01:07	0	
<b>4</b>	<b>Surnadal il lag 1</b>			<b>29:19</b>	<b>03:52</b>		
	1 Vegar Brøske	03:18 4	00:08	03:18 4	00:08		
	2 Jonas Aasbø	03:31 4	00:23	06:49 4	00:31	0	
	3 Vegar Brøske	03:57 4	00:41	10:46 4	01:12	0	
	4 Jonas Aasbø	03:37 4	00:25	14:23 4	01:37	0	
	5 Vegar Brøske	03:54 4	00:49	18:17 4	02:26	0	
	6 Jonas Aasbø	03:35 4	00:24	21:52 4	02:50	0	
	7 Vegar Brøske	03:52 4	00:42	25:44 4	03:32	0	
	8 Jonas Aasbø	03:35 4	00:20	29:19 4	03:52	0	

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## Resultatliste

<b>Plass</b>	<b>Lag</b>	<b>Etappe Tid</b>	<b>Etter</b>	<b>Total Tid</b>	<b>Etter</b>	<b>Endring</b>	<b>Status</b>
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